Women's 5K Classic
Grant Application/Request
Due 10/31

The Women's 5K Classic (W5K) began in 1993 for the purpose of promoting fitness among women. The event has grown to thousands of participants providing a venue for women of all ages in the Lehigh Valley and surrounding communities to connect with our **mission: to promote fitness among women of all ages, assist women and families affected by breast and other female cancers and educate women about breast cancer awareness, prevention, and treatment.**

The W5K is currently accepting grant applications from Greater Lehigh Valley nonprofit agencies for innovative and meaningful projects that are consistent with our funding priorities. The W5K has awarded over $4 million in grant funding since 1993.

W5K Funding Priorities

1. FITNESS: Support no or low-cost programs that promote women's fitness and encourage women to engage in running, walking, and other physical activities that support their physical, mental, and emotional well-being.
2. EDUCATE, SUPPORT AND PREVENT: Support no or low-cost programs that educate and support women with Breast and Gynecologic female cancers and programs that are focused on their prevention.
3. RESEARCH: Help fund research to treat and prevent Breast and Gynecologic female cancers.

APPLICATION DUE DATE: October 31.

SUBMIT COMPLETED APPLICATIONS TO: Sara Glassman saralg@ptd.net or 4337 Rosewood Lane, Allentown, PA 18103

Applications will be reviewed by the Grant Committee of the W5K and awarded before the end of the year.

APPLICATION FOR THE WOMEN'S 5K CLASSIC GRANT FUNDING

Organization Name

Address

Project Coordinator

Name   Title

Email   Phone

Person Completing Request (if other than coordinator):

Name   Title

Email   Phone

Grant check payable to

Address

Please include the following detailed information in your application:

Project Name

Amount Requested

Project Description

Which W5K funding priority does your project support? (See funding priorities from above)

Describe how

STAFFING

Are any staff assigned to this project?   Yes   No

If yes, how many hours?   hours per   week | month | year

Will this grant be used to cover staff costs?   Yes   No

If yes, how much? $

GOALS

List at least two <u>measurable</u> project goals:

How will you measure progress against goals? Describe your evaluation process.

PEOPLE SERVED

How many individuals will your project serve during the year?

Does your project include a focus on reducing or eliminating the cost to access program(s), service(s) or support(s)?   Yes   No

If yes, who is your targeted population?

How do you determine that individuals you serve fall within your targeted population?

Describe any specific outreach measures you undertake to raise awareness of and participation in your access program(s), service(s) or support(s).

FUNDING

Are there other sources of funding for the project?   Yes   No

If yes, list funding source(s) (including pending) and amount(s)

Funding Source	Amount	Status (pending, received, etc.)

Has this project been funded previously by a W5K grant?   Yes   No

If yes:

- Do you have money left from previous funding?   Yes   No
- How much: $

If W5K only partially funded your request, what impact would that have on the project?

<u>Project budget</u>

Attach spreadsheet to this request detailing expenses and revenues for the project.

Project timeline:

MARKETING | AWARENESS

How will you identify the W5K funding for the project?

What opportunities are there for W5K Committee Member(s) to visit/observe project? Please include date and time if the project includes a special function.

_____

By requesting funding, you agree to (check each):

_____ Complete a partial year grant report (due October 31)

_____ Complete an end-of-year grant report (due January 31)

_____ Identify W5K/s funding for the project

_____Provide participant statement(s) to demonstrate project impact (anonymouslyif necessary) for

W5K to include in social media and other marketing initiatives on both interim and final reports.

Submitted by:

_____   _____

Name/Title   Date